

IMPACTS OF STRESS

Stress is created by any upset to our body's equilibrium. It can come from a wide variety of sources including: deadlines, pressures, excess stimulation, lack of sleep, exercise and good nutrition, emotional trauma, physical injuries, illness and infections, and much more. NIH research indicates that stress plays a role in at least 87% of all illness. Over a prolonged period stress can complicate complex mental and physiological conditions such as:

- | | |
|--------------------|----------------------|
| Depression | Shortness of breath |
| Anxiety | Muscle tension |
| Mood swings | Excess perspiration |
| Increased BP | Elevated heart rate |
| Hormonal imbalance | Chronic fatigue/pain |

Many epidemic disorders such as diabetes, hypertension, obesity, cancer, endocrine disturbances, and a variety of mental health disorders all have strong correlations to unmanaged or prolonged stress.

The Indigo biofeedback system can gently and non-invasively reduce stress and help clients enhance their quality of life.



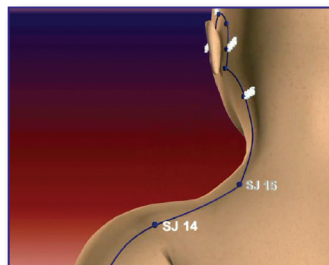
QUANTUM BIOFEEDBACK IS BEING USED INTERNATIONALLY IN PRIVATE HOMES, CLINICS AND MEDICAL OFFICES BY BIOFEEDBACK SPECIALISTS AND HEALTH PROFESSIONALS SUCH AS:

Doctors /R.N.'s
Acupuncturists
Chiropractors
Massage Therapists

Physical Therapists
Neurologists
Educators
Psychologists...



Body Viewer Training Program



Meridian Signatures Program



Contact your local Certified Biofeedback Specialist Today:

Go to www.thequantumgallery.com

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A NEW VISION FOR WELL-BEING

STRESS MANAGEMENT • STRESS REDUCTION

For more detailed information on how the INDIGO™ Biofeedback System can benefit you, please go to:

www.thequantumalliance.com

INDIGO™

IS STRESS AFFECTING YOUR HEALTH?

“Over time, stress leads to serious health problems. Don't wait until then to combat stress. Start learning stress management techniques now.”

- Mayo Foundation for Medical Education and Research

WHAT IS BIOFEEDBACK AND HOW MIGHT IT HELP ME?

Most people find the biofeedback experience relaxing, soothing and beneficial. Medical research shows that the benefits of biofeedback may include the following:

- Ability to relax more quickly.
- Improved sleep.
- Reduction of stress, tenseness and nervousness.
- Improved general health and sense of well being.
- Reduction of anger, fear, apprehension and gloominess.
- Heightened muscle mobility and flexibility.
- Enhanced mental clarity, memory and improved attention.
- Decreased pain/headaches.

The INDIGO™ biofeedback system helps manage and retrain stress patterns, educates clients on crucial information about stress, and empowers them to make lifestyle changes to support overall health and well being.



HOW THE SYSTEM WORKS:

The INDIGO™ System utilizes five comfortable, conductive straps with sensors that measure EDR on the wrists, ankles and forehead.

It is accurate and sensitive enough to measure the Electro Dermal Response stress reactions to over 10,000 different Trivector signatures, which commonly interact with the human body. These Trivector signatures which appear in the matrix of the INDIGO™ software allow the practitioner to have greater access into the profile of stress factors pertinent to lifestyle and wellness.

The sophisticated wave-form generator also works to re-train harmony to the physical and emotional bodies by addressing aberrant stressful reactions, thus helping the client to create more cohesive and coherent patterns.

DISCLAIMER:

The INDIGO™ System is a biofeedback device designed for stress reduction, muscle re-education and pain management. It does not diagnose any condition, disease or disorder. Only a licensed healthcare professional can diagnose a patient.



WHAT SCIENTIFIC PRINCIPLES LED TO INDIGO™ BIOFEEDBACK TECHNOLOGY?

The INDIGO™ builds upon major developments in the fields of bioenergetics, voltametrics, quantum physics, homeopathy and more. It utilizes similar technologies as the MRI, CT Scan, EEG and ECG; all of which measure the electrical activity of the body to provide information about the state of a client's health. The INDIGO™ is unique in the field of biofeedback due to its proprietary algorithmic formulas and VARHOPE measurements, which have been shown in clinical studies to indicate and improve upon the body's ability to effectively adapt to various forms of stress.



WE WORK WITH A DIVERSE CUSTOMER BASE. HOW CAN WE HELP YOU?