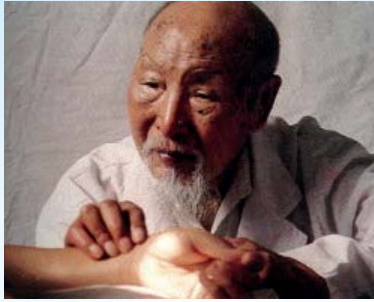


The Heart Quest System and Heart Rate Variability

Why Did Ancient Chinese Read Pulses?

Thousands of years ago a system was developed by the Chinese, Indian and Tibetan people to access the Human computer and operating system by placing three fingers on the wrist. It was known as Pulse diagnosis and is still in use today.



While most Chinese doctors would agree that the pulse is best used in conjunction with other diagnostic methods, doctors well-skilled in pulse diagnosis can discover an enormous amount of information about their patients by this method alone.

Diagnosis by pulse is a subtle art and, even more than other diagnostic procedures, requires a tremendous amount of attentiveness and experience in order to acquire the sensitivity necessary to do it well. It requires great energetic sensitivity -- a capacity to "listen" very deeply. It is an art-form as much as it is a science.

Pulse-reading is an aspect of the medicine that, for most, requires many years (decades, lifetimes) of practice in order to master it.

So if you are like me that would leave us in the dark for accessing this information as most of us don't have the time or the years needed to master Pulse reading. Let alone to find a good teacher.

In the Sixties and Seventies Russian scientists involved in the space program were investigating the rhythms of life for the health of their astronauts. They started to use the ancient knowledge of pulse reading with modern technology to read these rhythms.

These rhythms include the:

- Cardiovascular regulatory system.,
- Autonomic Nervous System,
- Neuro Hormonal System,
- Emotional Responses,
- Repertory,
- Thermal Dynamics,
- Blood Pressure etc.

This was the beginning of Heart Rate Variability, which is now commonly known as HRV. This was largely accomplished by reading the left and right pulse of the wrists.

Rhythms of Life

The discovery made by the creators of Heart Rate Variability System made it possible to find the keys, giving the opportunity to decipher the information

hidden in the pulse which in turn let them access a combination of rhythms.

Every rhythm operates in a time scale, the longer the oscillation periods are, the lower the frequency of the processes which it defines.

In mathematical terms, the most short-period oscillation is the cardiovascular regulatory system. (known as the Rhythmogram)

Fluctuations in the cardiovascular system, depends on the longer-term fluctuations (longer oscillation periods) of the autonomic nervous systems.

System of a higher level (longer oscillation periods) in relation to the autonomic nervous system is the endocrine system, which provides neuro-hormonal regulation.

In turn, the endocrine system is under the influence of the central nervous system.

All this information led to a term they called Fractal Dynamics.

Taking It To The Next Level.

In Designing the Heart Quest system, the latest achievements in theoretical and clinical medicine and physiology were used, and a number of new highly informative health evaluating indices are offered.

Heart Quest is a unique piece of educational and research software

That gives you valuable insight to one's health. Using a special device that reads the pulse, coupled with powerful software gives you clear insight to one's wellbeing.

The system is based on a new information analysis technology of non-linear signals of a different physical nature - a so-called "Fractal Neuro Dynamics".

Heart Quest uses the latest advancement in computer technology to bring Fractal Neuro Dynamics alive so that it can be easily seen and understood and assist in making good decisions for our health.

Being able to see our rhythms of life lets you view the five elements of your being; physical – energy (body electrics) – mental – spiritual and heart connection with a well laid out graphical interface.

For more information please contact: